

## 6.12 Classwork

CRUTCH FITTING RUBRIC		Student name: <i>Michaela N.</i>	
Skill	Points	Received	
Asks patient height	1	✓	
Select a pair of crutches according to the patient's height.	1	✓	
Adjusts the crutches to that height.	2	✓	
Have the patient stand up nice and tall and place the crutches under their arms, so the legs of the crutch are approximately 6 inches off the angle of their toe.	2	✓	
Checks to ensure the top of the crutches have a 2-3 finger widths distance between the patient's axilla (armpit) and the top of the crutch.	2	✓	
Makes any last adjustment to the height of the crutches before assessing the hand rest.	2	✓	
Has patient relax their arm along the side of the crutch (still standing up tall) and assesses where the wrist crease is.	2	✓	
The crease of their wrist should be even with the hand rest.	1	✓	
The patient's elbow should be bent slightly, but not a 90 degree angle	2	✓	
Adjusts hand rest to appropriate height.	1	✓	
Instructs/shows patient how to walk with non-weight bearing crutches.	4	✓	
Instructs/shows patient how to walk with partial-weight bearing crutches.	4	✓	
Instructs/shows patient how to walk up and down stairs.	4	-2-	
TOTAL POINTS	30	28/30	

*needed  
some assistance  
on stairs.  
great job!*